



THE 34TH ANNUAL 2023 WOOLMARKET DUATHLON SERIES



SATURDAY, APRIL 1
8:00 A.M.
5K + 11 Mile Bike

SATURDAY, MAY 6
8:00 A.M.
**2 Mile Run + 11 Mile Bike
+ 2 Mile Run**

SATURDAY, JUNE 17
8:00 A.M.
**3 Mile Run + 11 Mile Bike
+ 1 Mile Run**

LOCATION:

The races all start 7 miles north of Biloxi 110 which now becomes Hwy. 67. Look for RACE signs and arrows to direct you to the North Woolmarket Elementary School on 16237 old Woolmarket Road.

COURSE:

The run is out and back. The bike is a 11 mile loop. Both offer a hilly challenge. No Drafting allowed. Bike helmet is required.

REFRESHMENTS:

Kentwood Springs Water, cold drinks, cookies, and watermelon.

TANK TOPS:

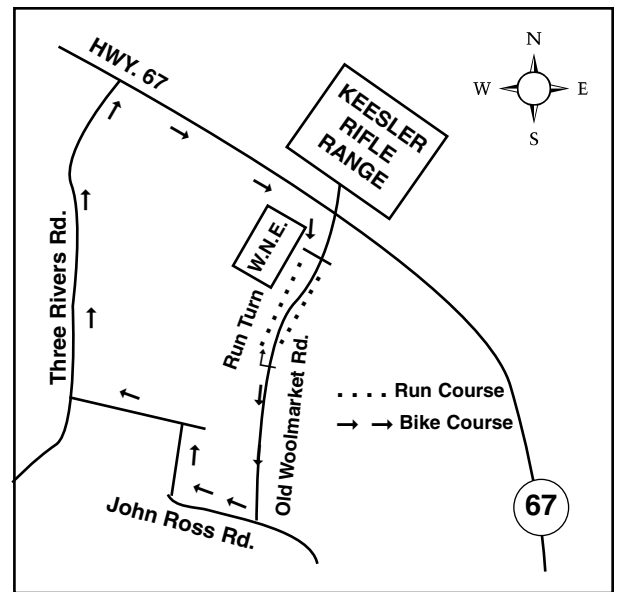
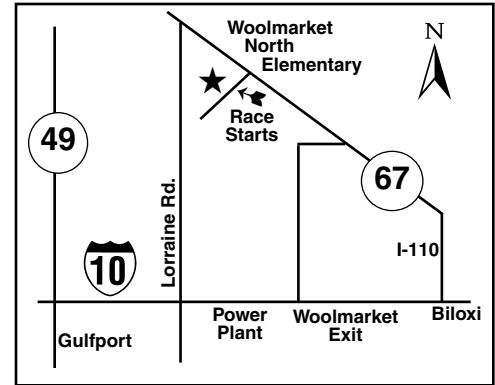
All registered duathletes will receive a colorful Woolmarket Duathlon series tank top (unless a no shirt option applies).

ENTRY FEE:

\$20 with Shirt. \$15 No Shirt Option. www.raceroster.com.

AWARDS:

Biking trophies awarded to the 1st (3) overall finishers Male and female. Also to the 1st overall Masters, 1st Grand Masters, & 1st Seniors, male and female. Age award trophies to the 1st three finishers in each of the following age groups, male and female: <18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-over
Mountain Bike Class: 1st three finishers awarded. Male & Female.



**For Information, Contact
Leonard Vergunst 228-380-7037**

Additional registration forms, complete results, and pictures can be found at: www.gulfcoastrunningclub.org

2023 WOOLMARKET DUATHLON SERIES

In consideration of the acceptance of this application form, I the undersigned, intending to be legally bound, do hereby for myself, my heirs, executors, administrators and assigns, knowingly and willingly waive any and all rights and claims for damages I may have against the persons or entities connected with this event, including the Gulf Coast Running Club or the Gulf Coast Bicycle Club, and I release and hold them harmless for any and all injuries sustained in connection with this event. I hereby grant full permission to use my name and image in any photographs, videotapes, motion pictures, recordings, broadcasts, or other record of this event. I further attest that I have read this waiver and intend to have a good time at this event.

Signature Here

Signature (Parent's signature if under 18 years) _____
Name _____
Address _____
City/State/Zip _____
Phone: _____

Email _____
Road Bike _____ Mountain Bike _____
Male _____ Female _____
Age on Race Day _____
Shirt Size (circle one):
S M L XL

Mail to:
GCRC
P.O. Drawer 3569
Gulfport, MS 39505
www.raceroster.com