# PURSUIT OF FUN



## 5K & 1 MILE RUN/WALK

MAY 29, 2021



**Gulf Coast Running Club** 

Free Admission into Gulf Islands Waterpark after the Race

## **EARLY REGISTRATION**

\$20.00 for GCRC Members \$25.00 for Non-Members

\$15.00 for all children (age 12 and under)

\$10.00 Adult Chaperone - no shirt

Postmarked by May 24, 2021, early registrants guaranteed their T-shirts on race day.

www.raceroster.com

## STARTING TIME

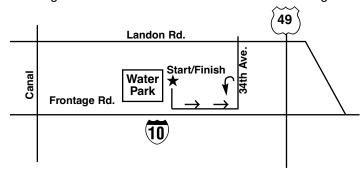
5K - 8:00 A.M. 1 Mile - 8:45 A.M.

## LATE REGISTRATION

7:00 A.M. May 29, 2021 - \$25.00 for all participants. Late registrants may have to receive their t-shirt by mail at a later date.

### COURSE

USATF Certified Course - MS11014MS Starting at the Gulf Islands Water Park off I-10 Frontage Rd.



## **AWARDS**

#### T-SHIRTS TO ALL ENTRANTS

Awards go to the first Overall Male and Female winners, Masters Male and Female, Grand Masters Male and Female, Seniors Male and Female, and to the top three finishers in each division of the race. Awards also for Top 3 Male and Female race walkers, wheelchairs, and 1 Mile (children), ages 10-12, 7-9, & 6 and under.

## AGE DIVISIONS

MALE:		FEMALE:	
12 & U	45 - 49	12 & U	40 - 44
13 - 18	50 - 54	13 - 18	45 - 49
19 - 24	55 - 59	19 - 24	50 - 54
25 - 29	60 - 64	25 - 29	55 - 59
30 - 34	65 - 69	30 - 34	60 - 69
35 - 39	70 - 79	35 - 39	70 & O
40 - 44	80 & O		

## START / FINISH

START TIME IS 8:00 AM. Runners should arrive by 7:30 AM to receive numbers. All runners must pass through the chute and have their tab (attached to the race number) filled out completely at the end of the chute to be eligible for an award.

## **RESULTS & INFO**

WWW.GULFCOASTRUNNINGCLUB.ORG

## REFRESHMENTS

Water on the race course, food and drinks after the race.

Gulf Islands Waterpark 228-328-1266

## FOR MORE INFORMATION CALL

LEONARD VERGUNST **GCRC** 228-380-7037

#### 2021 PURSUIT OF FUN 5K & 1 MILE RUN/WALK



**Gulf Coast Running Club** 

□ 5K Run

5K Racewalker

Date

☐ 1 Mile Run/Walk

T-SHIRT SIZES

□ Small □ Medium

Gulf Coast Running Club

P.O. Drawer 3569 Gulfport, MS 39505

Make checks payable to:



G.C.R.C. MEMBER: ☐ YES ☐ NO

**CHECK ONE** 

□ Chaperone

□ X-Large □ Large ☐ Med. Child

(Checks are non-refundable)

REGISTER ONLINE AT WWW.RACEROSTER.COM

Name \_ \_ Date of Birth \_ Address \_ \_ Telephone \_ \_\_State \_\_\_\_\_ Zip \_\_ \_\_\_\_Sex \_\_\_\_Age on Race Day\_ City Email:

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.

Signature (Parent or Guardian if under 18)