

32nd ANNUAL SUMMER BEACH RUN



DATE
August 1, 2020

TIME
8:00 a.m. – 5K
8:45 a.m. – 1 MILE

PLACE

Race has been moved to Bay St. Louis in Hancock County, Beach Boulevard and Washington Street.

PARKING

Free parking is available around the Pier.

COURSE

Flat and Fast out-and-back course.
USATF Certified MS11013MS

ELIGIBILITY

The race is open to runners, joggers, race walkers, walkers, wheelchair participants of all ages and abilities.

REGISTRATION

Register online at www.raceroster.com

ENTRY FEE

EARLY: \$17.00 GCRC Members
\$18.00 Non-Members
\$10.00 for Children under 12 (1 Mile)

POST RACE

Pizza, fruit, soda, and beer after the race.

SHIRTS

ALL PARTICIPANTS IN THE 5K & 1 MILE WILL RECEIVE A BEAUTIFULLY DESIGNED TANK TOP SHIRT.

5K CASH AWARDS

\$150 1st Overall Male and Female
\$100 2nd Overall Male and Female
\$ 50 3rd Overall Male and Female

TROPHIES

First 3 Overall Male & Female
First Overall Master Male & Female
First Overall Grand Master Male & Female
First Overall Seniors Male & Female
First 3 Race Walkers Male & Female

TOP 3 - IN EACH AGE GROUP

MALE: 1-12, 13-18, 19-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59,
60-64, 65-69, 70 & Over
FEMALE: 1-12, 13-18, 19-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59
60 & Over

1 MILE WARDS

TROPHIES

First 3 Overall age 12 - 10 Male & Female
First 3 Overall 9 & Under Male & Female



32nd ANNUAL SUMMER BEACH RUN - AUGUST 1, 2020 CHECK ONE

- Pre-Register GCRC Member - \$17.00
 Pre-Register Non-Members - \$18.00
 Pre-Register Under 12 in 1 Mile Run - \$10.00



Gulf Coast Running Club

G.C.R.C. MEMBER: YES NO
T-SHIRT SIZES 5 K Run Small Medium Child Medium
 1 Mile Run/Walk Large X-Large
 Race Walker Wheelchair

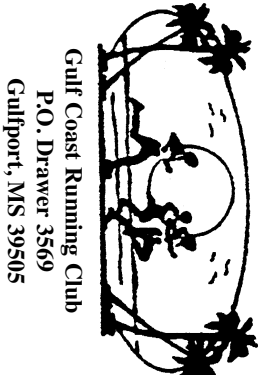
REGISTER ONLINE AT WWW.RACEROSTER.COM

NAME _____ **DATE OF BIRTH** _____
ADDRESS _____ **PHONE** _____
CITY _____ **STATE** _____ **ZIP** _____ **SEX** _____ **AGE ON RACE DAY** _____
EMAIL _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of the race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc. and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photograph, motion pictures, recording or any other record of this event for any legitimate purpose.

Date

Signature (Parent or Guardian if under 18)



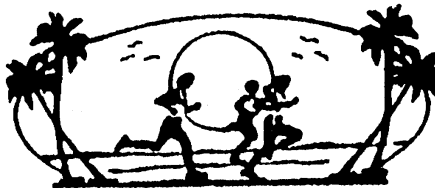
Supporting Women's Resource Center

Bay St. Louis, Mississippi

August 1, 2020

8:00 a.m.

Beach Blvd. & Washington St.
Washington St. Pier Pavilion
Bay St. Louis, MS



Gulf Coast Running Club

For More Information Call

Leonard (228) 380-7037

www.gulfcoastrunningclub.org



Highway 90

Bridge

Beach Boulevard

Washington St.

Announcing the 32nd Annual Summer Beach 5K Run - August 1 2020 Details inside.
For additional registration forms and race results, check our Web site:
www.gulfcoastrunningclub.org