

41st Annual MICHELOB ULTRA Gulf Coast Classic 10K & 5K Run

Saturday • April 13, 2019 • War Memorial Park • Pass Christian, MS

GENERAL INFORMATION

\$17.00 for GCRC members postmarked by April 8
 \$18.00, for non-members postmarked by April 8
 \$20.00 for all, after April 8
 \$10.00 for children

Late Registration: \$20.00
 April 13 - 7:00 a.m. - 8:00 a.m.

*To register for Senior Olympic 5K or 10K
 go to: msseniorolymp.org.

STARTING TIME

8:00 a.m. for 10K & 5K
 9:00 a.m. for 1 MILE KIDS RACE

EARLY REGISTRATION

Make checks payable and mail to:
The Gulf Coast Running Club
 P.O. Drawer 3569
 Gulfport, MS 39505

www.racesonline.com

FOR MORE INFORMATION CALL

Leonard Vergunst at (228) 380-7037

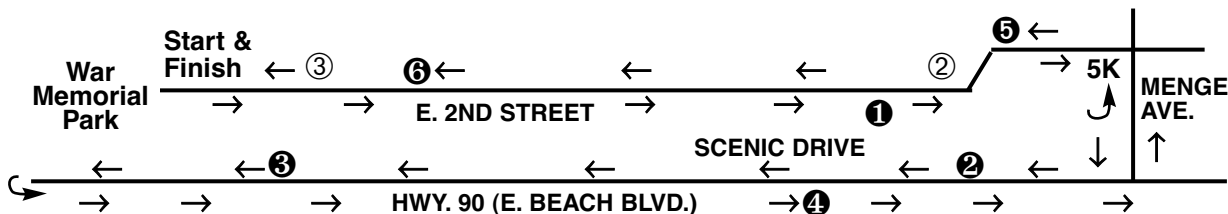
www.msseniorolymp.org
 Don Cross (228) 223-4951

PARKING

FREE Parking is available.

COURSE

Out and back course. Enjoy the scenic view of the Gulf of Mexico as you run along Scenic Drive in Pass Christian. USATF Certified.



POST-RACE

After the run, there will be complimentary food, Michelob Ultra Beer (must be 21 yrs. of age), soft drinks and fruit.

T-SHIRTS

Beautifully designed T-shirts to all G.C.C. entrants.
 Senior Olympic runners receive different shirt.
 To receive both shirts, pay extra \$5 on race day.

10K AWARDS

Academy Sports Gift Cards

to all 10K overall categories.

- \$150** 1st Overall Male and Female
- \$100** 2nd Overall Male and Female
- \$75** 3rd Overall Male and Female
- \$50** 1st Overall Masters Male & Female

10K Trophies & 5K Medals to the top 3 finishers in the following age groups.

MEN

12 & U 30-34 50-54
 13-18 35-39 55-59
 19-24 40-44 60-64
 25-29 45-49 65-69
 70 & Over

WOMEN

12 & U 25-29 45-49
 13-18 30-34 50-54
 19-24 35-39 55-59
 40-44 60 & Over

5K AWARDS

Trophies to the Top 3 Overall Male & Female
Medals to the Top 3 Male & Female Race Walkers

MS SENIOR OLYMPICS AWARDS

Separate awards given to Top 3 Male & Female over age 50 – 5 Year age groups in both 5K & 10K

1 MILE AWARDS

Trophies to the Top 3 Overall Children Male and Female, 10-12 & 9 and Under

Scissors icon: Detach Completed Entry Form Here

The 2019 Gulf Coast Classic 10K & 5K Run

MAKE CHECKS PAYABLE TO:
 Gulf Coast Running Club
 P.O. Drawer 3569
 Gulfport, MS 39505
 (Checks are non-refundable)

T-SHIRT SIZES

- Small Medium X-Large
- Large Child Medium

CHECK ONE

- 10K Run 1 Mile Kids
 - 5K Run 5K Race Walker
- www.RacesOnline.com

Name _____ Date of Birth _____
 Address _____ Telephone _____
 City _____ State _____ Zip _____ Sex _____ Age on Race Day _____
 Email _____



G.C.R.C. MEMBER:

- YES NO



I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., the Federal Government, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.

Date _____ Signature (Parent or Guardian if under 18) _____

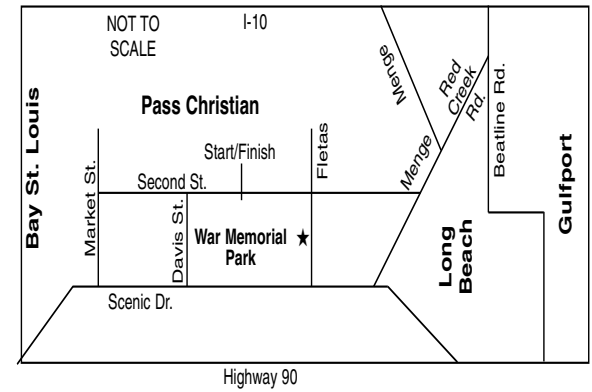
Gulf Coast Running Club
P.O. Drawer 3569
Gulfport, MS 39505




41ST ANNUAL
Gulf Coast Classic
10K & 5 K
& MS SENIOR OLYMPICS
SATURDAY,
APRIL 13, 2019
War Memorial Park
Pass Christian, MS

How To Find the Race

← Long Beach Gulfport Biloxi →



Gulf Coast Classic 10K (Men) Winners:

1979 Richard Mantooth	33:14	1999 Rudolf Jun	31:47
1980 Mike Heath	30:22	2000 Yousri Elmejdoubi	31:59
1981 Vic Holman	33:36	2001 Everett Whiteside	30:46
1982 Desmond O'Connor	30:45	2002 Yousri Elmejdoubi	31:00
1983 Desmond O'Connor	30:37	2003 Kemei Kipkono	31:08
1984 Desmond O'Connor	30:35	2004 Yousri Elmejdoubi	30:23
1985 Mike Mullen	30:54	2005 Rocky Silva	34:54
1986 Ian Wilkinson	30:25	2006 Bryan Smith	35:20
1987 Mike Mullen	31:59	2007 Max Lemons	35:52
1988 Mike Mullen	30:39	2008 Gilbert Liptoo	32:01
1989 Sabastian Junger	--	2009 Richard Ondimu	32:10
1990 Jack Ditt	31:14	2010 Kyle Lewis	31:50
1991 David Keen	--	2011 Vincent Rono	33:39
1992 Todd Wells	30:40	2012 William Swick	36:12
1993 Mike Mullen	31:11	2013 Micah Tirop	32:45
1994 Tom McGrath	31:04	2014 Leonard Vergunst	37:49
1995 Reuben Njau	31:03	2015 Brennan Barlow	36:09
1996 Drew Prisner	31:33	2016 Gerard Jarvis	36:39
1997 Chuck Engle	32:16	2017 Brennan Barlow	38:08
1998 Everett Whiteside	31:04	2018 Josh Pittman	38:05

Gulf Coast Classic 10K (Women) Winners:

1979 Sally O'Neal	41:59	1999 Sherrie Keim	37:37
1980 Laura Heath	38:06	2000 Kristin Vergunst	45:21
1981 Kathy Bressler	38:08	2001 Connie Robertson	38:09
1982 Patti Harris	41:58	2002 Jessica Tranchina	39:12
1983 Ginny Hornberger	39:57	2003 Connie Robertson	38:54
1984 Barbara Ross	42:24	2004 Connie Robertson	39:57
1985 Marie Ishee	42:12	2005 Connie Robertson	39:24
1986 Ginny Hornberger	37:19	2006 Connie Robertson	42:20
1987 Charlene Locklear	38:08	2007 Jennifer Plante	42:26
1988 Lori Lazzari	37:47	2008 Sheryl Chatfield	41:36
1989 Lisa Reed	--	2009 Anna Hallex	38:46
1990 Lisa Presedo	34:39	2010 Leah Watters	38:58
1991 Lisa Presedo	--	2011 Leah Watters	39:03
1992 Lisa Presedo	36:37	2012 Leah Watters	38:15
1993 Susann Pierce	38:12	2013 Jacqueline Sasaki	38:48
1994 Keri Ange	35:50	2014 Leah Watters	41:18
1995 Keri Ange	37:03	2015 Megan Davis	44:26
1996 Susan Maloy	36:25	2016 Meggan Franks	38:04
1997 Stacey Mosely	38:07	2017 Catherine Williams	40:17
1998 Alice Snoot	38:37	2018 Mikayla Walters	44:48

For Additional Applications or Race Results
Check Our Website:
www.GulfCoastRunningClub.org