THE 29TH ANNUAL



2018 WOOLMARKET DUATHLON SERIES

SATURDAY, APRIL 28 8:00 A.M. 5K + 11 Mile Bike SATURDAY, MAY 26 8:00 A.M. 2 Mile Run + 11 Mile Bike + 2 Mile Run SATURDAY, JUNE 23 8:00 A.M. 3 Mile Run + 11 Mile Bike + 1 Mile Run

> Woolmarket North Elementary

> > 67

Woolmarket

Power Plant Bilox

LOCATION:

The races all start 7 miles north of Biloxi 110 which now becomes Hwy. 67. Look for RACE signs and arrows to direct you to the Woolmarket North Elementary School on old Woolmarket Road.

COURSE:

The run is out and back. The bike is a 11 mile loop. Both offer a hilly challenge. No Drafting allowed. Bike helmet is required.

REFRESHMENTS:

Kentwood Springs Water, cold drinks, cookies, and watermelon.

TANK TOPS:

All registered duathletes will receive a colorful Woolmarket Duathlon series tank top (unless a no shirt option applies).

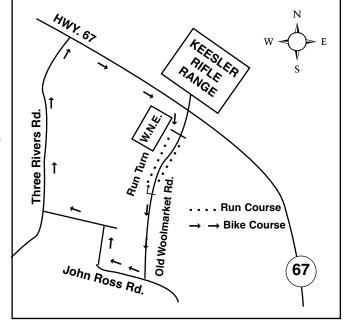
ENTRY FEE:

\$20 Race Day Registration ONLY - \$15 No Shirt Option There will be no pre-registration for duathlon race.

AWARDS:

Biking trophies awarded to the 1st (3) overall finishers Male and female. Also to the 1st overall Masters, 1st Grand Masters, & 1st Seniors, male and female. Age award trophies to the 1st three finishers in each of the followingcage groups, male and female: <18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-over (65-69, 70-over, males)

Mountain Bike Class: 1st three finishers awarded. Male & Female.



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(10)

Gulfport

For Information, Contact Leonard Vergunst 228-380-7037

CHOICE CONC SETTINESS Sales & Service 228-864-0072



Fitness Equipment
Airdynes - Treadmills - Weights
1927 25th Avenue • Gulfport, MS 39503

The Right Choice!



Additional registration forms, complete results, and pictures can be found at: www.gulfcoastrunningclub.org

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In consideration of the acceptance of this application form, I the undersigned, intending to be legally bound, do hereby for myself, my heirs, executors, administrators and assigns, knowingly and willingly waive any and all rights and claims for damages I may have against the persons or entities connected with this event, including the Cyclist Choice, Gulf Coast Running Club, or the Gulf Coast Bicycle Club, and I release and hold them harmless for any and all injuries sustained in connection with this event. I hereby grant full permission to use my name and image in any photographs, videotapes, motion pictures, recordings, broadcasts, or other record of this event. I further attest that I have read this waiver and intend to have a good time at this event.

Signature Here

Styllation C 11010	
Signature (Parent's signature if under 18 years)	Email Mountain Bike
Name	Male Female
Address	Age on Race Day
City/State/Zip	Shirt Size (circle one):
Phone:	S M L XL

