

# 40th Annual MICHELOB ULTRA Gulf Coast Classic 10K & 5K Run

Saturday • April 21, 2018 • War Memorial Park • Pass Christian, MS

## GENERAL INFORMATION

\$16.00 for GCRC members postmarked by April 16  
 \$17.00, for non-members postmarked by April 16  
 \$20.00 for all, after April 16  
 \$10.00 for children

Late Registration: \$20.00  
 April 21 - 7:00 a.m. - 8:00 a.m.

\*To register for Senior Olympic 5K or 10K  
 go to: [msseniorolymp.org](http://msseniorolymp.org).

## STARTING TIME

8:00 a.m. for 10K & 5K  
 9:00 a.m. for 1 MILE KIDS RACE

## EARLY REGISTRATION

Make checks payable and mail to:  
**The Gulf Coast Running Club**  
 P.O. Drawer 3569  
 Gulfport, MS 39505

[www.racesonline.com](http://www.racesonline.com)

## FOR MORE INFORMATION CALL

Leonard Vergunst at (228) 380-7037

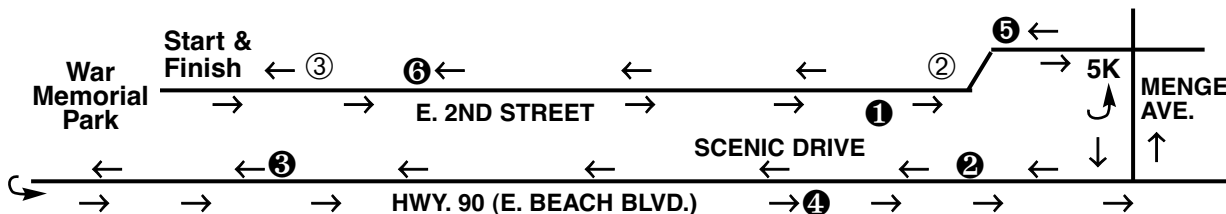
[www.msseniorolymp.org](http://www.msseniorolymp.org)  
 Don Cross (228) 223-4951

## PARKING

FREE Parking is available.

## COURSE

Out and back course. Enjoy the scenic view of the Gulf of Mexico as you run along Scenic Drive in Pass Christian. USATF Certified.



## POST-RACE

After the run, there will be complimentary food, Michelob Ultra Beer (must be 21 yrs. of age), soft drinks and fruit.

## T-SHIRTS

Beautifully designed T-shirts to all G.C.C. entrants.  
 Senior Olympic runners receive different shirt.  
 To receive both shirts, pay extra \$5 on race day.

## 10K AWARDS

### Academy Sports Gift Cards

to all 10K overall categories.

**\$150** 1st Overall Male and Female  
**\$100** 2nd Overall Male and Female  
**\$75** 3rd Overall Male and Female  
**\$50** 1st Overall Masters Male & Female

**10K Trophies & 5K Medals** to the top 3 finishers  
 in the following age groups.

### MEN

12 & U 30-34 50-54  
 13-18 35-39 55-59  
 19-24 40-44 60-64  
 25-29 45-49 65-69  
 70 & Over

### WOMEN

12 & U 25-29 45-49  
 13-18 30-34 50-54  
 19-24 35-39 55-59  
 40-44 60 & Over

## 5K AWARDS

**Trophies** to the Top 3 Overall Male & Female  
**Medals** to the Top 3 Male & Female Race Walkers

## MS SENIOR OLYMPICS AWARDS

Separate awards given to Top 3 Male & Female  
 over age 50 – 5 Year age groups in both 5K & 10K

## 1 MILE AWARDS

**Trophies** to the Top 3 Overall Children  
 Male and Female, 10-12 & 9 and Under

Scissors icon: Detach Completed Entry Form Here

# The 2018 Gulf Coast Classic 10K & 5K Run

**MAKE CHECKS PAYABLE TO:**  
 Gulf Coast Running Club  
 P.O. Drawer 3569  
 Gulfport, MS 39505  
 (Checks are non-refundable)

**T-SHIRT SIZES**  
 Small  Medium  X-Large  
 Large  Child Medium

**CHECK ONE**  
 10K Run  1 Mile Kids  
 5K Run  5K Race Walker  
[www.RacesOnline.com](http://www.RacesOnline.com)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Address \_\_\_\_\_ Telephone \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Sex \_\_\_\_\_ Age on Race Day \_\_\_\_\_  
 Email \_\_\_\_\_



G.C.R.C. MEMBER:

YES  NO



I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., the Federal Government, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.

Date \_\_\_\_\_ Signature (Parent or Guardian if under 18) \_\_\_\_\_

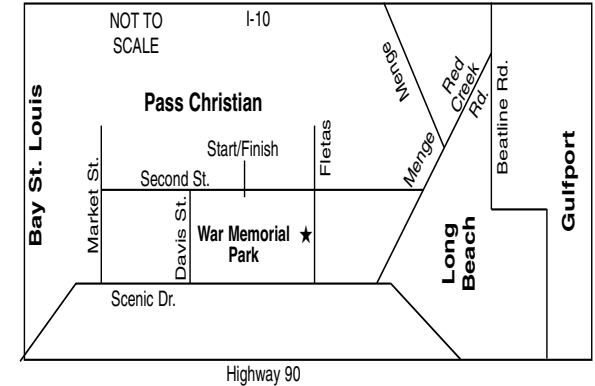
Gulf Coast Running Club  
P.O. Drawer 3569  
Gulfport, MS 39505



  
**40TH ANNUAL**  
**Gulf Coast Classic**  
**10K & 5 K**  
**& MS SENIOR OLYMPICS**  
**SATURDAY,**  
**APRIL 21, 2018**  
**War Memorial Park**  
**Pass Christian, MS**

## How To Find the Race

← Long Beach Gulfport Biloxi →



### Gulf Coast Classic 10K (Men) Winners:

1979	Richard Mantooth	33:14	1999	Rudolf Jun	31:47
1980	Mike Heath	30:22	2000	Yousri Elmejdoubi	31:59
1981	Vic Holman	33:36	2001	Everett Whiteside	30:46
1982	Desmond O'Connor	30:45	2002	Yousri Elmejdoubi	31:00
1983	Desmond O'Connor	30:37	2003	Kemei Kipkono	31:08
1984	Desmond O'Connor	30:35	2004	Yousri Elmejdoubi	30:23
1985	Mike Mullen	30:54	2005	Rocky Silva	34:54
1986	Ian Wilkinson	30:25	2006	Bryan Smith	35:20
1987	Mike Mullen	31:59	2007	Max Lemons	35:52
1988	Mike Mullen	30:39	2008	Gilbert Liptoo	32:01
1989	Sabastian Junger	--	2009	Richard Ondimu	32:10
1990	Jack Ditt	31:14	2010	Kyle Lewis	31:50
1991	David Keen	--	2011	Vincent Rono	33:39
1992	Todd Wells	30:40	2012	William Swick	36:12
1993	Mike Mullen	31:11	2013	Micah Tirop	32:45
1994	Tom McGrath	31:04	2014	Leonard Vergunst	37:49
1995	Reuben Njau	31:03	2015	Brennan Barlow	36:09
1996	Drew Prisner	31:33	2016	Gerard Jarvis	36:39
1997	Chuck Engle	32:16	2017	Brennan Barlow	38:08
1998	Everett Whiteside	31:04			

### Gulf Coast Classic 10K (Women) Winners:

1979	Sally O'Neal	41:59	1999	Sherrie Keim	37:37
1980	Laura Heath	38:06	2000	Kristin Vergunst	45:21
1981	Kathy Bressler	38:08	2001	Connie Robertson	38:09
1982	Patti Harris	41:58	2002	Jessica Tranchina	39:12
1983	Ginny Hornberger	39:57	2003	Connie Robertson	38:54
1984	Barbara Ross	42:24	2004	Connie Robertson	39:57
1985	Marie Ishee	42:12	2005	Connie Robertson	39:24
1986	Ginny Hornberger	37:19	2006	Connie Robertson	42:20
1987	Charlene Locklear	38:08	2007	Jennifer Plante	42:26
1988	Lori Lazzari	37:47	2008	Sheryl Chatfield	41:36
1989	Lisa Reed	--	2009	Anna Hallex	38:46
1990	Lisa Presedo	34:39	2010	Leah Watters	38:58
1991	Lisa Presedo	--	2011	Leah Watters	39:03
1992	Lisa Presedo	36:37	2012	Leah Watters	38:15
1993	Susann Pierce	38:12	2013	Jacqueline Sasaki	38:48
1994	Keri Ange	35:50	2014	Leah Watters	41:18
1995	Keri Ange	37:03	2015	Megan Davis	44:26
1996	Susan Maloy	36:25	2016	Meggan Franks	38:04
1997	Stacey Mosely	38:07	2017	Catherine Williams	40:17
1998	Alice Snoot	38:37			

**For Additional Applications or Race Results**  
**Check Our Website:**  
[www.GulfCoastRunningClub.org](http://www.GulfCoastRunningClub.org)