

Hosted By



Gulf Coast Running Club

# THE CITY OF BILOXI

Invites you to the 24th Annual

## ARBOR DAY

### 5K / 1 MILE RUN/WALK/ROLL and 1/4 MILE CHALLENGE

SATURDAY, FEBRUARY 25, 2012

Lameuse Street & Highway 90  
Biloxi, Mississippi – \*Town Green



#### EARLY REGISTRATION

- \$15.00 for GCRC Members
- \$17.00 for Non-Members
- \$7.00 for all children (age 12 and under)

Postmarked by February 20, 2012. Make checks payable to:

**GULF COAST RUNNING CLUB**  
P.O. Drawer 3569 • Gulfport, MS 39505

Be sure to include both check and registration form in your envelope.

#### AWARDS

##### T-SHIRTS TO ALL ENTRANTS

Trophies go to the First Overall Male and Female, First Overall Masters Male and Female, and First Overall Grand Masters Male and Female, Seniors Male and Female, and to the top three finishers in the usual age divisions. Also trophies for the first three Male & Female Racewalkers, medals to all runners with disabilities and trophies to the first 3 boys and girls in the 1 mile race. Ages (10-12) & (9 & under).

#### STARTING TIME

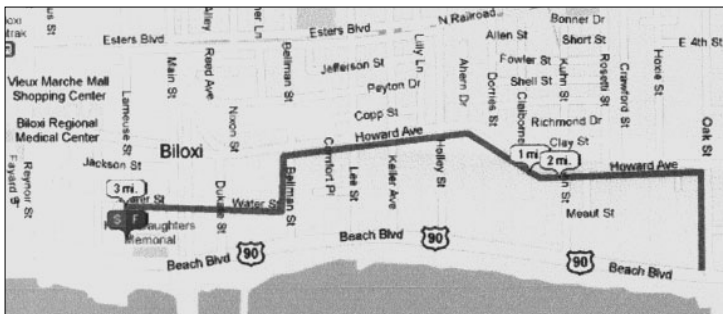
5-K – 9:00 A.M.

1 Mile & 1/4 Mile – 9:45 A.M.

#### LATE REGISTRATION

Registration will begin at least 1 hour before race time at the corner of Lameuse Street and Highway 90. \$20.00 for all on race day except children 12 & under in the 1 Mile.

#### USATF Certified Course - MS11044MS



#### DISABILITY CONNECTION

O'Keefe Educational Media – a 501 (c) (3) Nonprofit Mississippi Corporation “The Arbor Day Run/Walk/Roll is a charity event. Donations over and above the entry fee are appreciated. Proceeds for 2012 benefit the first Beyond Accessible Playground for individuals with disabilities (Bruce Ladner Memorial Park playground build), and the Disability Connection Internet Resource Center for people with disabilities in Mississippi.”

“Medallions will be given to all participants with physical challenges that complete the race. Participants are encouraged to enter the race who personally use walkers, manual or electric wheelchairs, or may be pushed by a caregiver (race-assistant). Race-assistants (and other race volunteers) do not need to register and pay the entry unless they desire the event t-shirt. The City of Biloxi will host a tree giveaway for participants on Town Green following the race for those who are interested.”

Donations can be mailed to: OEM, Knight Nonprofit Center, 11975 Seaway Rd., B246, Gulfport, MS 39503, Office@OKeefeMedia.org, Office Phone 228-604-4020

#### FOR MORE INFORMATION CALL

JANIE O'KEEFE  
228-594-7000

[WWW.GULFCOASTRUNNINGCLUB.ORG](http://WWW.GULFCOASTRUNNINGCLUB.ORG)

LEONARD VERGUNST  
228-380-7037

#### 2012 ARBOR DAY 5-K & 1 MILE HEALTH RUN/WALK/ROLL



Gulf Coast Running Club



O'Keefe  
Educational Media

##### CHECK ONE

- 5-K Run
- 5-K Racewalker
- 1 Mile Run/Walk
- 1/4 Mile Disability Run & Wheelchair

##### T-SHIRT SIZES

- Small
- Medium
- Large
- X-Large
- Child's Medium
- XX Large

Make checks payable to:

**Gulf Coast Running Club**  
P.O. Drawer 3569  
Gulfport, MS 39505  
(Checks are non-refundable)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Sex \_\_\_\_\_ Age on Race Day \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., O'Keefe Educational Media, Inc., and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.

G.C.R.C. MEMBER:

YES  NO

Date \_\_\_\_\_

Signature (Parent or Guardian if under 18) \_\_\_\_\_