

32nd Annual MICHELOB ULTRA Gulf Coast Classic 10K & 2 Mile Run

Saturday • April 17, 2010 • 8:00 a.m. – Both Races

War Memorial Park • Pass Christian, MS

GENERAL INFORMATION

All Visitors Must Enter East Gate on Pass Road.

10K - \$15.00, postmarked by April 12, 2010
 10K - \$20.00 for all, after April 12, 2010
 2 Mile - \$10.00 for all

Late Registration: April 17 - 6:30 a.m. - 8:00 a.m.

STARTING TIME

8:00 a.m. for both races - 10K & 2 MILE

EARLY REGISTRATION

Make checks payable and mail to:
The Gulf Coast Running Club
 P.O. Drawer 3569
 Gulfport, MS 39505

FOR MORE INFORMATION CALL

Leonard Vergunst at (228) 380-7037
 Nancy Phillips (228) 313-0183

PARKING

FREE Parking is available.

COURSE

A loop course. Enjoy the scenic view of the Gulf of Mexico as you run along Scenic Drive in Pass Christian.

POST-RACE SOCIAL

After the run, there will be music, complimentary food, Michelob Ultra Beer (must be 21 years of age), soft drinks and fruit.

T-SHIRTS

Beautifully designed T-shirts to all entrants.

AWARDS

Cash awards to all 10K overall categories.

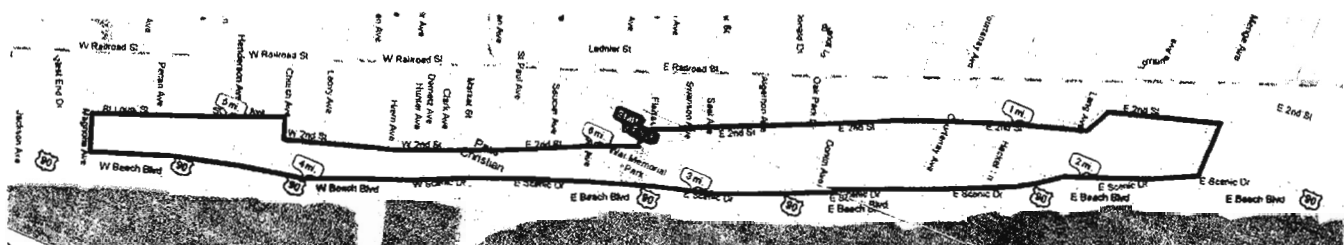
\$250	1st Overall Male and Female
\$200	2nd Overall Male and Female
\$150	3rd Overall Male and Female
\$100	1st Overall Masters Male & Female
\$ 50	1st Overall Grand Masters Male and Female
\$ 50	1st Overall Seniors Male & Female

10K Trophies to the top 3 finishers in the following age groups.

MEN		WOMEN	
12 & Under	30-34 50-54	12 & Under	25-29 45-49
13-18	35-39 55-59	13-18	30-34 50-54
19-24	40-44 60-64	19-24	35-39 55-59
25-29	45-49 65-69	40-44	60 & Over
			70 & Over

Trophies To the three (3) Male & Female Race Walkers in the 10K

2 Mile Award Trophies to the 1st Overall Male & Female Trophies to the 1st Three (3) Overall Male and Female, 10-12 & 9 and Under



Detach Completed Entry Form Here



The 2010 Gulf Coast Classic 10K & 2 Mile Run

Make checks payable to:
Gulf Coast Running Club
 P.O. Drawer 3569
 Gulfport, MS 39505
 (Checks are non-refundable)

T-SHIRT SIZES

Small Medium
 Large x-Large

CHECK ONE

10K Run 10K Wheelchair
 2 Mile Race Run 10K Race Walker

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____

Sex _____ Age on Race Day _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., The Naval Construction Battalion Center, the Federal Government, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.

Date _____

Signature (Parent or Guardian if under 18) _____

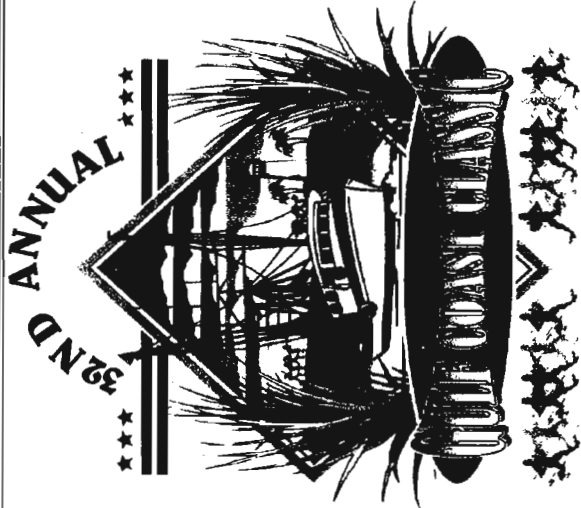


Gulf Coast Running Club



G.C.R.C. MEMBER:
 Yes No





★ 10K & 2 MILE RUN ★

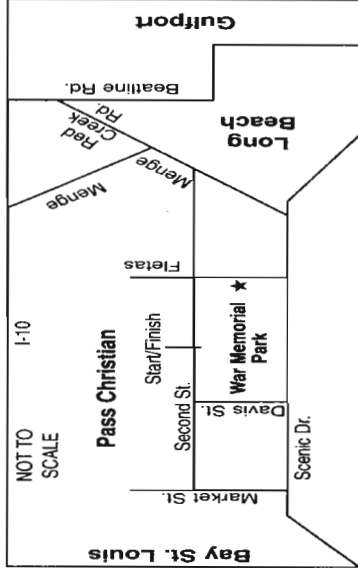
\$1600 in Total Prize Money

Saturday,
April 17, 2010

War Memorial Park
Pass Christian, MS



Michelob
ULTRA



Highway 90

Gulf Coast Classic 10K (Men) Winners:

1979 Richard Mantooth	33:14	1995 Reuben Njau	31:03
1980 Mike Heath	30:22	1996 Drew Frisner	31:33
1981 Vic Holman	33:36	1997 Chuck Engle	32:16
1982 Desmond O'Connor	30:45	1998 Everett Whiteside	31:04
1983 Desmond O'Connor	30:37	1999 Rudolf Jun	31:47
1984 Desmond O'Connor	30:35	2000 Younsri Elmejdoubi	31:59
1985 Mike Mullen	30:54	2001 Everett Whiteside	30:46
1986 Ian Wilkinson	30:25	2002 Younsri Elmejdoubi	31:00
1987 Mike Mullen	31:59	2003 Keime Kipkono	31:08
1988 Mike Mullen	30:39	2004 Younsri Elmejdoubi	30:23
1989 Sebastian Junger	--	2005 Rocky Silva	34:54
1990 Jack Ditt	31:14	2006 Bryan Smith	35:20
1991 David Keen	--	2007 Max Lemons	35:52
1992 Todd Wells	30:40	2008 Gilbert Liptoo	32:01
1993 Mike Mullen	31:11	2009 Richard Ondimu	32:10
1994 Tom McGrath	31:04		

Gulf Coast Classic 10K (Women) Winners:

1979 Sally O'Neal	41:59	1995 Keri Ange	37:03
1980 Laura Heath	38:06	1996 Susan Malloy	36:25
1981 Kathy Bressler	38:08	1997 Stacey Mosely	38:07
1982 Patti Harris	41:58	1998 Alice Snoot	38:37
1983 Ginny Hornberger	39:57	1999 Sherrie Keim	37:37
1984 Barbara Ross	42:24	2000 Kristin Vergunst	45:21
1985 Marie Ishee	42:12	2001 Connie Robertson	38:09
1986 Ginny Hornberger	37:19	2002 Jessica Tranchina	39:12
1987 Charlene Locklear	38:08	2003 Connie Robertson	38:54
1988 Lori Lazzari	37:47	2004 Connie Robertson	39:57
1989 Lisa Reed	--	2005 Connie Robertson	39:24
1990 Lisa Presedo	34:39	2006 Connie Robertson	42:20
1991 Lisa Presedo	--	2007 Jennifer Plante	42:26
1992 Lisa Presedo	36:37	2008 Sheryl Chatfield	41:36
1993 Susann Pierce	38:12	2009 Anna Hultlex	38:46
1994 Keri Ange	35:50		

For Additional Applications or Race Results
Check Our Website:
www.GulfCoastRunningClub.org